

**4th Connecticut Lake 2605 ft
(22 miles north of Pittsburg, NH)**

Located just below the Canadian International Border at an elevation of 2,670' is the headwater region of the Connecticut River, water gathers in a 1.8 acre pond rimmed with wildlife. The brook flowing from this pond is the beginning of the Connecticut River (longest river in New England). The trailhead is located in back of the US Customs building, parking is located across Route 3 from the customs building.

**Mount Magalloway 3360 ft
(35 miles north of Colebrook, NH)**

The trailhead is located in Pittsburg... Take Route 3 past 1st Connecticut Lake- take a right onto the Magalloway Road. Stay straight on this dirt road until you see the 'tower' signs ~take a hard right... Follow this road to the end to a grassy parking area. Caution: This is a main logging road and logging trucks have the right of way.

**Table Rock 2540 ft
(10 miles east of Colebrook, NH on Rt. 26)**

This stark protruding cliff is formed of vertical slabs. It is less than 10ft wide at its narrowest point. The vertical drop from table rock is 700ft. **Use Caution.** The view is spectacular. Directions to Table Rock: Take Rt.26 east from Colebrook about 10 miles. Park in the gravel area on the right, about 150 ft prior to reaching the top of Dixville Notch, the trail ascends almost vertically from the parking area. The trail starts almost directly behind the big sign "Entering Dixville Notch State Park." **Caution:** This trail is steep and rocky and should NOT be attempted when wet. The trail is 0.3 miles from the parking area to Table Rock. **Alternate Route:** Table Rock is also accessible from a less difficult trail originating on Route 26, 0.2 miles east of the junction of the access road to The Balsams/ Wilderness Ski Area and Route 26. Park off the road shoulder, on the right. The trail starts 70ft before the yellow caution diamond road sign with the profile of a person. This trail is well marked, with many small signs.

**Mount Sanguinary 2758 ft
(11 miles south of Colebrook, NH)**

Directions: Take Route 26 east from Colebrook to the Flume Brook Picnic Area in Dixville Notch State Wayside (on the left, east of the height of the land about 0.9 miles). Park here and take a scenic trail through balsam and spruce forest to a spectacular view from a rocky pinnacle overlooking Lake Gloriette and The Balsams Grand Resort Hotel. It is 1 mile from the picnic area to the overlook and 1.5 miles from the picnic area to The Balsams Hotel road entrance. Some of this is part of the Cohos Trail.

Clarksville Freedom Trail

(11.1 miles north of Colebrook, NH on Rte. 145)

Directions: Take Rte. 145 north to the top of Ben Young Hill then .3 miles, turn left on to Bresette Rd. The Freedom Trail parking lot is 0.5 miles. The mile-long nature trail traverses wooded land and has several loops including difficulties of grades from easy to intermediate. This is the only trail that features a limited mobility trail that will accommodate wheelchairs.

**Table Rock Trail-Three Brothers Trail-
Huntington Falls Trail**

(10 miles east of Colebrook, NH on Rte. 26)

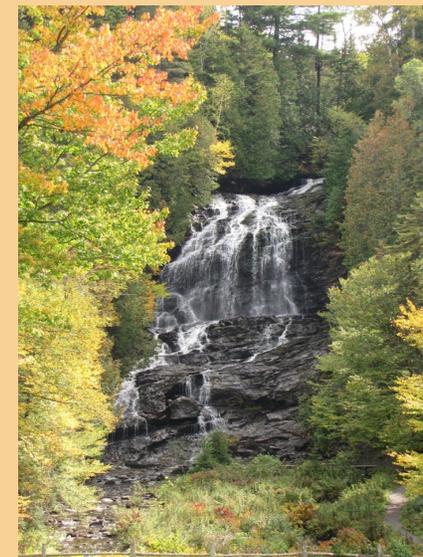
Directions: Take Route 26 east from Colebrook to Dixville Notch State Wayside (on the left, east of the height of land about 0.9 miles). Starts out on the Huntington Falls Trail to the Three Brothers Trail then 3 miles to Table Rock. This trail makes a loop back down to a parking lot across from Lake Gloriette and the Balsams. This is part of the Cohos Trail.

Averill Mountain, Vermont

(15.2 miles from the Rest Area on Rte.3)

Directions: Take Rte.3 north to West Stewartstown, turn left onto 114S. Proceed to the Averill Lake View Store, 0.5 miles from the store is a small white sign for Averill Mountain. The mountain has a gradual ascent with a vertical rise of 550 ft from the trail's starting point. The trail is very well marked and upon reaching the summit, the hiker can see Table Rock, in Dixville, NH. MT. Washington, and Jay Peak.

Hiking



North Country NH, VT and Canada

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Brosseau Mountain, VT 2714 ft

(15.9 miles from the Rest Area on Rte. 3)

Directions: West on Route 114 in Averill, Vermont, 1.5 miles from Lake View Store. Take a left on Mountain Road. 1.3 miles down Mountain Road there is a dead end gate. Turn your car around so you don't block anything. About 35 minutes to the top on a well-marked trail. At this point there is no view. Take another trail to the right, this leads to lookout point, about two minutes away. This provides a wide panorama view of the White and Green Mountain ranges. Wildlife is also part of the view.

Monadnock Mountain, VT - 3140 ft

(1/2 mile west of Colebrook, NH)

This mountain dominates the Colebrook landscape. The trail is located by taking Bridge St. off Main St. in Colebrook and crossing the Connecticut River, into Vermont, only about 1/2 mile from town. Turn right immediately after crossing the bridge and enter the sand/gravel pit on the left where the trail begins and is marked by signs. It's about a 2 hour hike. The trail passes through mixed hardwood and softwood forest. At the top of the mountain, there is fire tower. At the top of the tower, the view goes for miles in every direction. Canada to the north and Maine to the east, on a clear day.

Pinnacle Mountain, Canada

(28 miles from the Rest Area on Rte. 3)

Directions: Go west on Route 114 to Norton. Go through the customs into Canada. After 0.6 miles turn left towards Stanhope. The road becomes dirt in 1.7 miles, continue. After 3.4 miles on the dirt road, bear left onto May Road. Go 1.9 miles into Baldwin Mills. Park your car in public parking near the store on the right. There are three trail options. Climb the BLUE TRAIL (less grade) at entrance on "L" just before the Stop sign on Allard Street. Or walk along Allard Street to the RED TRAIL on the left at the sign saying "Cul-de-Sac" (steeper). Also try one just off the parking lot at the fishery in Baldwin Mills. This is well marked and follows a creek up to Baldwin Village where you can connect to the Mt. Pinnacle Trail.

Johnson Memorial Park

(14 miles north of Colebrook, NH)

Directions: Take Rte 3 or 145 out of Colebrook to Pittsburg. Across from the Pittsburg Fire Department is the Park. Take the Jahoda Trail (2 mile loop). Thanks to the school science students, this trail has all plant life labeled for your educational enjoyment. Bonuses on this trail include: the largest white pine tree in Coos Country, osprey nest, and a mowed trail.

Hereford Mountain, Canada

(14.9 miles from Rest Area on Rte. 3)

Directions: Take Route 3 north to VT 253 (7.0 miles). Turn left to Beecher Falls. Proceed through Canadian Customs. Continue to sign Rue Principale. Turn left onto Rue Principale and go 3.1 miles to the Mount Hereford trail entrance on the left. Look for a large entrance sign that says Sentiers. The trail is well marked by orange paint or ribbons. The first half of the walk has beautiful flora such as purple fringed orchid. It is 3.5 miles (5.5km) to the summit. It is a nice 360-degree view! *Alternative route:* Drive to the top, from Colebrook, take Rt. 3 to West Stewartstown -turn left after The Spa, go through town, take a right onto Rt. 141 ,proceed through the Canadian Customs. Stay on this road until you see the 2nd sign for St. Hermenegilde, turn here, stay on the paved road through the village and keep going until you reach a "T"...take a right and stay on this for about 2 miles or less, the sign will be on your right.

The Lake Francis Trail

(15 miles north of Colebrook, NH)

Directions: Take Rte. 145 or Rte. 3 from Colebrook . From Carr's Ridge Road off the River Road in Pittsburg travel across the Carr's Ridge Bridge and take the first right onto a grassy snowmobile lane. Follow for 3 miles to the Cedar Stream Road. Nice 6 mile view of Lake Francis. This is part of the Cohos Trail.

Emergency Toll-Free

Number to NH State Police

1-800-525-5555 or 911

Gore Mountain, Vermont

(30.3 miles from the Rest Area on Rte.3)

Directions: Take Rte.3 north to West Stewartstown, turn left onto 114S. Continue through the village of Norton for another 9.9 miles. Look for Lake Station Road at the end of Norton Pond and pull off between that and Devost Road. The trail enters through a small opening on the east side of the road. The hike includes a series of beaver meadows, crossing several brooks and hiking through the edge of an expansive logged area. From the summit there are limited views of the Nulhegan Basin. Length of the trail to the summit is 3.8 miles.

Black Turn Brook Hiking

Trail State Forest

(21 miles from Rest Area on Rte. 3)

Directions: Take Rte. 3 North and take a left onto VT Rte. 114S in West Stewartstown and continue through Norton Village. Drive 5.7 miles from Norton and take a right turn from 114S onto Black Turn Brook Road. Park in the lot as the trail is gated. This Black Turn Brook hiking trail is well worth the hike as rare fauna can be found here. The Lobster Mushroom and the yellow Lady Slipper are just two of the unusual plants found in this area.

Trip Planning

Plan in advance and always let someone know where you are hiking and how long you will be gone.

Follow Trails

Always stay on a routed trail. If the markings are not available at a trail junction, check your compass and map before proceeding.

What to Carry

When hiking the North Country a map and compass are a must, but other good items to carry include: guidebook, water bottle, knife, rain gear, windbreaker, high-energy foods (nuts, and chocolate), first-aid supplies, and a flashlight. Also, wear comfortable hiking boots, and remember that wool keeps much of its insulating value even when wet.